

Personal Life



Alexander Mahe Owens Drysdale is a world time champion rower who is representing New Zealand.

Mahe was born in Melbourne, Victoria, Australia in November the 19th 1978. Now he lives in Cambridge where other rowers normally live. He weighs 100kg and his height is 201cm.

He started rowing in 1997 age 18. Now he is the fastest Single Sculler.

In his spare time he practices rowing and he even cycles to become fit. Sometimes he plays with his dog Oslo. Other hobbies he does are like playing golf, canoeing and plays polo.

By Damian Ngau,
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Mahe Drysdale

A champion rower



By Damian Ngau, Larissa Tsui, Lena Woo

More Personal Life

Medals

When he first started rowing he was in coxless four. In the 2004 Athens Mahe was rowing in the coxless four and came 5th. Mahe cemented reputation as one of the world's greatest rowers. He is a former winner of the Halberg Supreme Award. At the Beijing Olympics he got one bronze medal, Olaf Tufte (representing Norway) earned gold and Ondrej Synek (representing Czech Republic) earned Silver. Mahe was so honored to carry the NZ flag at open ceremony at Beijing Olympics.

How did Mahe become so good?



Health

Mahe won the 2005 world champion even though he broke two bones in his back. Before Beijing he was ill and he still won a bronze medal. Mahe was given emergency first aid after the Men's Single Scull final on the water after vomiting several times.

Extra cool health fact

After Mahe had a stomach bug he lost 4kgs in 2 days.

Other medals Mahe earned

1. Gold-2005, Gifu, Japan
2. Gold-2006, Eton, England
3. Gold-Munich, Germany
4. Gold-2009, Poznan, Poland

Mahe needs to be really into it to do rowing and learn to row. Also Mahe needs good strong arms to push oars and of course a lot of focus like concentrating, being positive and calm when racing and believing in himself.

